



At the heart of The Cook's Nook is one foundational belief:

Everyone Deserves Access to Nutritious, Delicious Food.



Let us help your organization design programs that lead to improved health and economic outcomes by providing vulnerable populations access to quality nutrition with dignity and choice.

We offer PREPARED MEAL FOOD INTERVENTION SOLUTIONS THAT:

- ▶ Provide a variety of healthy yet convenient meal options that incorporate a broad spectrum of fresh, whole foods
- ▶ Surprise and delight with inclusive, creative, chef-led menu selections that are mindful of health considerations
- ▶ Offer nourishing, nurturing meals with dignity and respect prepared by professionals passionate about food service, health, and equity
- ▶ Are culturally competent – an understanding of what people wish to eat and their cultural expectations and biases around food that reflects the foodways tapestry of the United States
- ▶ Are reviewed by our registered dietitians
- ▶ Can be defined as low-salt, low-fat, vegetarian, or disease-state friendly (as within the USDA or other medical guidelines).

www.cooksnook.net/solutions



Solutions Designed with Health Drivers in Mind

Nutritious, delicious, culturally-rooted, accessible, engaging, equitable



Chronic Disease Support

For insurers, ACOs, FQHCs, and other healthcare providers, Cultura Cuisine 365 provides MTM support that is impactful to the patient and the household.



Public Health

For municipalities, state plans, and other governmental agencies, Cultura Cuisine 365 solutions support healthier communities through culturally relevant nutrition and equitable access that help you drive impactful health outcomes.



Community Health

Cultura Cuisine 365 helps solve the nutritional and cultural aspects within the social drivers of health so that you can focus on your core mission.



Analytics & Impact

Cultura Cuisine 365 brings to the table not only food & nutrition, but also the means to capture key metrics safely and securely to help close the feedback and evaluation loop.



365

We create innovative nutrition solutions designed to improve health outcomes



www.cooksnook.net/cultura-cuisine

