



At the heart of The Cook's Nook is one foundational belief:

Everyone Deserves Access to Nutritious, Delicious Food.



Let us partner with you to design programs that lead to improved health and SDOH outcomes by providing vulnerable populations access to quality nutrition with dignity and choice.

OUR PREPARED *Nutrition Intervention Solutions* OFFER:

- ▶ General Wellness and Medically Tailored Meals including breakfast, lunch, and dinner options that incorporate a broad spectrum of fresh, whole foods
- ▶ Inclusive, creative, chef-led menu selections that are mindful of health considerations
- ▶ Nourishing, nurturing meals with dignity and respect prepared by professionals passionate about food service, health, and equity
- ▶ Culturally competent meals – an understanding of what people wish to eat and their cultural expectations and biases around food that reflects the foodways tapestry of the United States
- ▶ Meals reviewed and certified by our registered dietitians and are processed in an FDA inspected facility

www.cooksnook.net/solutions



Solutions Designed with Health Drivers in Mind

Nutritious, delicious, culturally-rooted, accessible, engaging, equitable

Our partners – hospital care providers, nonprofits and CBOs, health benefits providers, FQHCs, MCOs, and payer-providers – have a meaningful impact upon their member communities every day. Cultura Cuisine’s robust response of nutrition options, interventions and experiences promote mental and physical well being, address food access disparities, enhance community health, and drive sustainable, equitable health outcomes for your target populations.



Maternal Health

Enhance maternal health with our comprehensive nutrition solution to support optimal prenatal and postnatal nutrition, ensuring the well-being of mothers and their babies.



Heart Health

Discover our heart-healthy meal options – delicious, nutritious, and designed to support cardiovascular health



Diabetes Health

A targeted approach to managing diabetes through balanced nutrition that engages while being nutritious.



Renal Health

Empowering healthcare providers with guidance for an intervention that recognizes the challenges of living with CKD.



Community Health

Cultura Cuisine helps solve the nutritional and cultural aspects within the Social Determinants of Health (SDoH) so that you can focus on your core mission.



We create innovative nutrition solutions designed to improve health outcomes

